

PROGRAM 2026/2027

Professional artistic school "Fly-in-Dance"



Monday

<u>For Children</u>		<u>For Adults</u>	
17.00 - 18.00	Acrobatics / Gymnastics 4-6 y.o.	17.00 - 18.00	Individual Training
		19.00 - 20.05	Stretching / Yoga / MFR

Tuesday

<u>For Children</u>		<u>For Adults</u>	
		08.30 - 09.30	Pilates / Stretching
		10.00 - 11.30	Ballet class / Ballet Jazz
		11.30 - 12.00	Folk Dance group
15.00 - 16.00	Individual Training		
16.00 - 17.00	Ballet 3 level		
17.05 - 18.20	Ballet 7 level	18.30 - 19.45	Ballet for Adults
18.30 - 19.30	Individual Training		

Wednesday

<u>For Children</u>		<u>For Adults</u>	
		10.00 - 12.00	Individual Training
16.00 - 17.00	Dance Performance	10.30 - 12.00	High Heels for Ladies
17.00 - 18.00	Ballet & Dance 4-5 y.o.	19.00 - 20.30	Chinness Jazz (Veil)
18.00 - 19.00	Ballet & Dance 6-7 y.o.		Contemporary style

Thursday

<u>For Children</u>		<u>For Adults</u>	
16.00 - 17.00	Ballet & Dance 3 Level	17.30 - 19.00	Individual Training
17.05 - 17.45	Ballet & Dance 7 Level	19.00 - 20.05	Stretching / Yoga
17.45 - 18.30	Folk Dance 7 level	19.00 - 20.15	Individual Training

Friday

<u>For Children</u>		<u>For Adults</u>	
		08.30 - 09.30	Pilates / Stretching / MFR
		10.00 - 11.30	Ballet / Jazz
		11.30 - 12.00	Folk Dance group
16.00 - 17.00	Acrobatics / Gymnastics	17.00 - 18.00	Ballet for Adults
17.00 - 18.15	Theatre Performance	17.00 - 18.00	Contemporary Dance
17.00 - 19.00	Individual Training	17.30 - 20.00	Individual Training

Saturday

<u>For Children</u>		<u>For Adults</u>	
12.00 - 16.00	Individual Training	16.00 - 18.00	Individual Training
		18.30 - 20.00	Dance Movements for Ladies

Archangel Michael, 37a Strovolos, Floor 1st, 101, Nicosia 2057

www.FLY-IN-DANCE.com

+357 99-896490